



AMES LONG POND

1000 HIGHLAND STREET | STOUGHTON, MA

OPEN FOR SEASON JUNE 24, 2017 - AUGUST 13, 2017 SUPERVISED SWIMMING 10:00AM - 5:00PM

AMES POND WATERFRONT

Ames Long Pond, located on Highland Street on the Stoughton/Easton border, is the location for the Town's supervised swimming program. Significantly removed from the hustle and bustle of downtown, the beach is located in a distinctly country setting. Bordered by shade trees, the beach area is a welcoming spot to beat the heat, especially for families with young children and senior citizens. Amenities include public bathrooms and a dock system. Water quality is tested weekly during the months of June, July, and August. The hours of supervision by certified lifeguards during the summer months are 10:00 a.m. to 5:00 p.m.

SWIM LESSONS

Stoughton Recreation offers swim lessons for children and adults beginning at the age of 3 years old. Led by our staff of highly trained lifeguards and water safety instructors, children and adults will learn basic strokes through dynamic and informational practices while having fun. Lessons are 45 minutes for school age children and 30 mins for pre-school age. Lessons take place Monday through Friday at 10AM, 11AM, or 12PM.

CLASS TIMES ARE BASED ON REGISTRATIONS. PREFERRED TIMES ARE NOT GUARANTEED.

Session 1: 7/3/17 -7/14/17 (No lessons July 4)

Session 2: 7/17/17 -7/28/17

Session 3: 7/31/17 - 8/11/17

Saturdays Only Session: 7/1/17—8/12/17

BEACH PASSES

Passes required for entrance into the beach area for all adults and children are available for purchase at the Recreation Office. Prices for season passes and day passes can be found on the chart below.

	Residents	Non-Residents
Season Passes		
Adults (18+)	\$15	\$20
Children	\$10	\$15
Seniors (55+)	\$5	\$5
Family Pass	\$50	\$70
Day Pass		
Adults	\$5	\$8
Children	\$3	\$5
Seniors	\$3	\$5
Swim Lessons (Per Session)		
1 Child + Household Season Pass*	\$65	\$82
2 Children + Household Season Pass*	\$104	\$120
3 Children + Household Season Pass*	\$142	\$153
Additional Swim Lesson Session(s)	\$40	\$45

IMPROVEMENTS FOR 2017

AMESPOND BATH HOUSE

Over the course of the Winter/Spring seasons we have been hard at work renovating our bath house for the public to enjoy and benefit from. The bath house now boasts a new roof, brand new sinks, toilets, partitions for added privacy, and an outdoor shower available to rinse off after your time in the sand.

BEACH FRONT

The Department of Public Works and Recreation have begun to clear and expand the sanded beach area closer to the shore. Many of the previously over grown grasses have been cut and cleared. This will offer more space for those busy, hot summer days!

WATER QUALITY TESTING

As we do every year, water will be tested for E. coli at the beginning of each week this summer as required by the Town of Stoughton Board of Health. If the water quality does not meet the requirements, postings will be made clear to the public informing them of the results. 2016 exceeded our expectations and the water tested cleaner than the year prior. We anticipate this will be carried over to the 2017 season as the water has been continually treated for invasive weeds throughout.



STOUGHTON RECREATION

Summer Programs 2017

Registration Begins May 1, 2017

Register online at www.StoughtonRec.org

Summer Open/Pre Playground

South Elementary School

Dates: July 3, 2017—August 11, 2017 *No Playground 7/4*

Open Playground: Ages 6-14, \$87/week

Pre-Playground: Ages 4-5, \$55/week

Extended Day and Transportation are available for additional cost!

*****EARLY BIRD SPECIAL*****

REGISTER FOR ALL 6 WEEKS BETWEEN MAY 1—MAY 13 AND
RECEIVE 15% OFF YOUR ENTIRE PLAYGROUND REGISTRATION!*

Ames Pond Waterfront

2017 Season: June 24—August 13

Supervised Swimming: 10:00A—5:00P

Swim Lessons (3 years+), Season and Day passes all available
online!

Summer Sports Clinics

Summer Football Clinic, 5/30-6/1, \$30.00

Norfolk County DA Clinic, 7/11-7/13, \$15.00

Baseball Clinic, 7/17-7/20, \$60.00

Summer Golf Clinic, 7/24-7/28, \$65.00

Wrestling Clinic, 7/31-8/4, \$60.00

***For more information, visit www.StoughtonRec.org**

